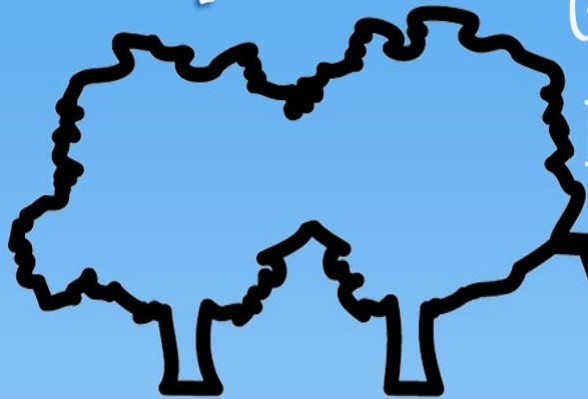


# May 21st

REGISTER NOW at [waba.org](http://waba.org)

Give Aways!  
Raffle Prizes!

Free Bike Safety  
Tune Ups!



# bike to work day 2010

Participants are welcome to use the  
Freedom Aquatic Fitness Center locker rooms to freshen up.  
Check in at the front desk.

Bring your own lock and towel or \$3.00 for towel service.

Convoys are forming.

Contact Rick Holt for information at [rholt.pwc@gmail.com](mailto:rholt.pwc@gmail.com) or 703-677-7934

**Pit Stop** at the  
Freedom Aquatic and Fitness  
Center 6:30am-9:30am